

WINTER MENU

Seasonal Shakes | 20oz. -

PEPPERMINT MOCHA

*Unsweetened Almond Milk, Organic Coffee,
Organic Chocolate, Yogurt & Mint
with Vanilla Whey Protein*

THE RESOLUTION

*Pineapple, Coconut, Banana,
Spinach, Lemon & 'Get Lean'
with Vanilla Whey Protein*

STRAWBERRY CACAO

*Unsweetened Almond Milk, Strawberries,
Cacao, Organic Chocolate & Vanilla with
Strawberry Whey Protein*

HEALTHY HOLIDAY NOG

*Unsweetened Almond Milk, Yogurt,
Organic Chai Spices & Cinnamon
with Vanilla Whey Protein*

SNICKERDOODLE

*Unsweetened Almond Milk, Yogurt,
Cinnamon, Flax Seed Oil
& Vanilla with Vanilla Whey Protein*

SWEET POTATO PIE

*Unsweetened Almond Milk, Sweet Potato,
Organic Caramel, Sea Salt,
Organic Chai Spices & Apple Cinnamon Granola
with Vanilla Whey Protein*

**THE TASTIEST
TIME OF THE YEAR!**